

# D-1 Study Guide

### HORSE MANAGEMENT EXPECTATIONS

The candidate is a beginning-level horse manager, willing to learn the simple routine necessary for safe handling of quiet, well trained horses. His or her knowledge will vary widely depending on age, educational level, and experience.

### **TURNOUT/TACK**

- Rider in safe, neat, and clean attire:
  - collared shirt with long or short sleeves
  - o long pants with shirt tucked in
  - o short or tall riding boots or shoes that cover the ankle and have a boot heel
  - Pony Club pin
  - USPC or USEA medical armband or bracelet.
  - o a properly fitted equestrian helmet, securely fastened (see USPC Policy 0800.A)
  - Long hair neatly up or back
  - Half-chaps, gloves, show coat and belt optional
  - No inappropriate jewelry
- Groom mount and pick out hooves with assistance if needed.

#### Step-by-step description for grooming:

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

# **PonyClub**

© 2019 The United States Pony Clubs, Inc. 4041 Iron Works Parkway, Lexington, KY 4051 (859)254-7669 ~ www.ponyclub.org Copying permitted for internal use only by members and volunteers of The United States Pony Clubs, Inc. • Tack up and untack mount, with assistance.

### Describe the steps you do to tack up your horse:

- 1.
- 2.
- 3.
- 4.
- 5.

### Describe the steps to untack your horse:

- 1. 2. 3.
- 4.
- 5.

### CONDITIONING

Give 1 reason for cooling out mount after exercise.
Describe how you might cool out your mount after you ride:
1.

2.

3.

### **NUTRITION**

Demonstrate how to feed a treat to a pony.
Explain how to feed a treat safely:
1.

Give 1 example of a succulent.
Name a few succulents that horses like to eat:
1.

2.

Discuss why and how often water should be available.
 Explain why horses/ponies need water available all times?
 1.

2.

### **STABLE MANAGEMENT**

Know 2 reasons for cleaning tack.
 Why should you clean your tack?

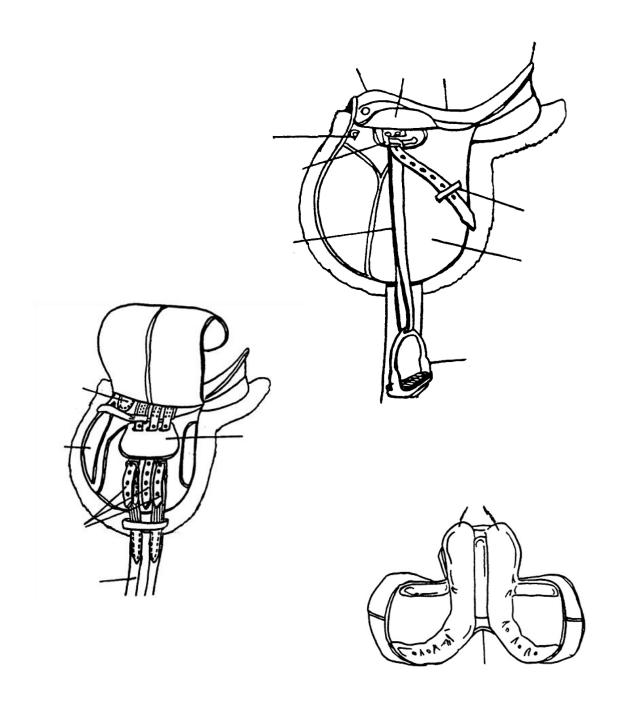
1.

2.

3.

4.

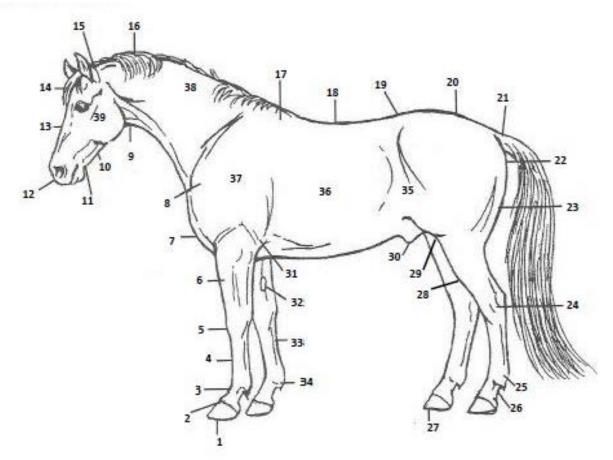
• Name 6 saddle parts and 4 bridle parts. Write the parts of the saddles below:



## **BREEDS, PONY PARTS, COLORS**

• Name any 10 parts of the mount (such as mane, tail, leg, eye, etc.).

### How many parts can you name?



1.	14.	27.
1. 2. 3.	15.	28.
3.	16.	29.
4.	17.	30.
5.	18.	31.
6. 7. 8.	19.	32.
7.	20.	33.
8.	21.	34.
9.	22.	35.
10.	23.	36.
11.	24.	37.
12.	25.	38.
13.	26.	39.

• Know color and breed of own mount.

What is the breed of your horse? \_\_\_\_\_\_

What color is your horse? \_\_\_\_\_

### TRAVEL SAFETY

• Know basic rules of safe riding in a group, in an enclosed area.

What are some of the rules you need to follow when there are others riding in the arena with you?

1.

- 2.
- 3.

### **RECORD BOOK**

• Bring a completed USPC stall card for own mount and explain why it is important.

### What information needs to be on a stall card and why?

1.

2.

3.

4.

Fill out a stall card for your horse on the next page:

Stall Card
Mount's Name:
Age: Sex: Height:
Vital Signs at Rest: TempPulseResp Stable Vices:
Allergies:
List any medications, supplements, nutraceuticals and/or loose salt administered. Include name and amount(s).
Picture or Physical Description of Mount

### HEALTH CARE & VETERINARY KNOWLEDGE

• Discuss what a veterinarian is. How does a veterinarian help a horse or pony stay healthy?

• *Give 1 reason a veterinarian might need to provide care for your mount.* Can you name your veterinarian you use for your mount?

### LAND CONSERVATION

• Verbally list 2 different places in your area where horse activities take place. Include where you have your Pony Club mounted meetings.

List places you know where there are horse activities in your area (Pony Club meetings, Rodeos, Racing, Trail riding)

1.

2.

3.

4.

### **LEADING & LONGEING**

• Approach mount safely, put on halter.

• Demonstrate walk-halt-walk transitions and turning in the correct direction. What side of the horse should you be on when leading?

Where should your hands be?

How should you hold the lead rope?

How do you turn your horse?

### **FOOT & SHOEING**

- Give 1 reason to pick out hooves.
- 1.
- 2.
- 3.
- Tell whether your mount wears shoes or not.

### SAFETY

• Name 3 pieces of clothing or equipment that you should wear for your safety when you ride.

Name some safe clothing:	
1.	
2.	
3.	
Name some safe equipment:	
1.	
2.	
3.	
	TEACHING
• Name 1 instructor where you ride.	

### **EQUINE SPORTS**

• Name 2 disciplines listed on the USPC website.

What other USPC disciplines would you like to try or learn more about? 1.

2.

3.